

Below is the text of A Vigil of Ongoing Bonds, a series of prayers and readings based on the tradition of keeping vigil and doing readings for those who have deceased.

Read pages 2-8 for the first 7 days of the reading.

Read pages 2-4 & 9-12 on days 8 through 20.

Read pages 2-4 & 13-16 for days 21 through 49.

A Vigil Honoring Ongoing Bonds

A Reading Cycle for

(voyager's name here)

Recommendations for the Readings

It should be noted that this is a read aloud activity – so consider your surroundings as you prepare to read. A reader may read for the deceased:

For a single session,

For a day,

For a week

Or for a 49 day cycle.

Readings other than single session are usually done morning and evening

Dedication – at the time of each reading

Prayer of Unity - at the time of each reading

Reader Invocation - at the time of each reading

Uncertain Man's Prayer - at the time of each reading for the first 7 days

Christian Invocation of Protection - at the time of each reading for the first 7 days

Reading for the Immediate Afterlife - Days 1-7 after passing

Reading for the Multiple Choice Afterlife - Day 8 to day 20 of the 49 day reading cycle

Reading for the Third Stage - read from day 21 to the end of the 49 day reading cycle

Dedication

May the Results
Of This reading effort
Be for The benefit of
The present and future needs
Of All Beings Everywhere

Prayer of Unity

I am one in this body
I am one within this mind
I am one in these feelings
I am one within this self
I am one in this being
I am one within the laws
I am one in the Chamber
I am one to do this task

**Read the lines above to establish the reading space – four points in front and in back of you
– to establish a box or cube from which you will read – the bottom is the floor beneath you
– the walls are in your imagination and around you – the ceiling goes way, way up there.**

Reader's Invocation

To be read before the reading for the first 7 days of the 49 day cycle

I invoke the presence of
My highest possible
State of being
With full attention
Into this moment
As I begin
This Reading task.

It is my intention
To serve
In this small way
To assist the spirit...the soul... the Being
Who we knew as _____

I acknowledge the impermanence
Of human life
And the suffering
That uncertainty
About what follows death
Brings to surviving family and friends

I acknowledge death
As the destination of all
Human bodies
Including my own
And the one
In which the being
We knew as _____
Found a temporary home
I acknowledge Hope
as a gesture

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offered to offset Loss and Grief
My hope is that the Being
We knew as _____
moved beyond the body
And entered a larger world of spirit
and was welcomed home
May my reading
Find _____
No matter where they are
And may it guide them as needed

May this invocation
Fortify my sincerity
Diminish my doubt and fear
May I find the strength to focus
In spite of uncertainty
About my role as a reader
And about what happens
to the being
Beyond the death of the body

I acknowledge Gratitude for
This opportunity
To serve
In this manner
In this time of sorrowful necessity
May God
And spiritual beings everywhere
Support my reading effort
By allowing me to work
In the light of
Grace

The Uncertain Man's Prayer

Initial Disclaimer and Apology to the Subject of this Reading Cycle

This reading is directed to the deceased...others may read this with that understanding.

There are people of faith ... who believe ... that they know ...with certainty... what happens beyond death. If you are a person of strong faith ... this prayer intends you no harm – please accept my apology in advance for these words. To those ...who believe in an immortal soul ...that may be accepted...into a Christian view of Heaven... if you are not there already ...go in peace to that place ...may you rest in peace This prayer ... is from a less certain reader ... to those who pass ...with uncertainty ... into any existence ...beyond this life.

So _____ you are out there now

You are gone from your life... from the life of your family and friends

I remember you as you were when I saw you last

I hold on to memories of when I saw you at your best

The least that I can offer... to your memory ... is to recall you daily...in a prayer ... for... God willing...

up to 49 consecutive days

Today is the ____ day of this reading cycle that I started on _____

I do not know, if all that you were in human life, has dispersed, into nothing

It could be ... that all that is left of you... is the memory of you... in the minds of those who remain in human life

And that is my most heartfelt fear ... that for all of us ...death is the end ... and then nothingness

I shudder to think ... that all of our most cherished hopes... about an eternal and peaceful afterlife ... are merely ...misguided imaginings

I do not truly know if anything, that was part of you in human life, survived the death of the body

I must proceed as if you are out there to receive this reading

What I hope for you...

I hope that your eternal Being survived the death of your body ... and was not dispersed

I hope that your Being is assisted by any guide that you see

I hope that your Being is accepted by your image of God

I hope that you are at peace... free of pain... joined with spiritual beings ...who rest with you ... in the presence ... of your image of God

Although I speculate... I cannot know... with any certainty... what you now know... with, what I imagine

... is the unrelenting intensity ...and intermittent ... clarity and confusion ...of direct experience of the dying process

You know, now, what, if anything, survives human life

You know, now, what aspects of your human life survived

Or, you know nothing - and these words merely console my uncertain heart and mind – with a task – a gesture – a vigil in honor of your memory

You now know... and have encountered whatever it is that happens next

You now know... see... experience... what is unknown to those who remain in human life

You now know... the options with which you are confronted

You now know... what you have at your disposal...to assist you... in making a move... toward any option... that either you may choose...or you are forced to take

You now know...the combination of factors that determine what you see... experience

You now know... if these factors include remnants of the human life that you left behind

You now know... how remnant factors of your human life interact or combine with what is happening... now... around you... to you

You now know...if anything is happening, in an auditory, visual, vibrational, gravitational, electrical, chemical, spiritual, karmic manner

You now know... if memory of your experience in human life stays with you

You now know... if memories, of what you believed in life, about the afterlife, have any impact... now... on what you see ... experience

Do you see any spiritual guide in whom you had faith during your human life?

Do you see Jesus? Do you see some other spiritual guide? Do you see your image of God?

If your Being ... has already found ... a way ... to the place where you need to be ... may you continue ... to rest there in peace

If you have not found ... the support and guidance ... that you need ...to find your way ... then may my words ... be of service to you

You now know... if words have any meaning to any part of you that survived human life

You now know... if there is anything that you need, from a reader, or from any living person

You now know... if there is something that can be said that will improve your situation or help you to manage... whatever is happening...to you...around you ... now

I hope that my words and intentions assist you in some small way

I am asking you now to remember that you are loved in the human world

There are many who wish you well and who pray for you in their own way

I will pray for you in this way to mark your passing

Day ____ of a 49 Day Cycle Date: _____

Christian Invocation of Protection

Recommended to be read days 1-7 of the 49 day cycle with the Reading for the Immediate Afterlife (below)

I ask for help... on your behalf _____ if you are unable to ask... due to your moving beyond physical forms... I ask for help... for you ... from spiritual beings ... if they are out there... to hear this request for protection

Jesus, Son of God, Savior of the World, protect _____ take them to your heart, Love them as your own

May all spiritual beings... aligned with a Loving God... with the capacity to help... provide assistance to _____. Guide them to respite... in heaven... if that is possible ...

Or... guide them to a place of refuge... in the clear light... with Jesus...

And other spiritual beings intending to be aligned with a Loving God

Or...should their experience... beyond physical forms... require such help... I ask spiritual beings... to guide them back... to a re-birth among the living... within a community of spiritual beings... pursuing a connection... to a Loving God... from which _____ may continue their spiritual journey

Oh you spiritual being ...whom we knew as _____ in your human life... just recently ended ... hear my words

Reading for the Immediate Afterlife

Recommended to be read twice daily from day 1 to day 7 of the 49 day reading cycle along with the Christian Invocation of Protection (above).

Another day begins / has passed in the human sector...

I do not know what you experience as our days change here... I do not know if you experience a flow of time

I read today to assist you to move ... toward wherever it is ... that you need to be ... to continue your eternal spiritual path...with a hope that you remain able to resume your path beyond the death of your body

I do not know what you see... feel... experience... as each day passes in the human sector

I do not know if your experience changes in a physical, vibrational, gravitational, electrical, chemical, spiritual sense

I do not know if the passage out of your human life remains disorienting this many days from your passing

I do not know if you are at ease ... or full of fear, confusion, or other strong emotions

I ask you to remember that anything that is happening now... is ... of God

You are with God... God is with you... no matter what you see... feel...or experience

If you feel fear ... Don't panic...let it go ... be at peace... and be with God ...

Remember...

What I hope for you...

that your spirit is assisted by any guide that you see

that your spirit is accepted by your image of God

that you are at peace, free of pain, joined with spiritual beings who rest with you in the presence of your image of God

I am asking you now to remember that you are loved in the human world

There are many who wish you well and who pray for you in their own way

I will pray for you in this way to mark your passing

Day ___ of a 49 Day Cycle Date: _____

Christian Invocation of Protection

Recommended to be read twice daily from day 8 to day 21 of the 49 day reading cycle along with the Multiple Choice Afterlife (below)

_____, I ask for help... on your behalf... if you are... unable to ask... due to your moving beyond physical forms... I ask for help... for you ... from spiritual beings ... if they are out there... to hear this request... for protection

Jesus, Son of God, Savior of the World, protect _____ take them to your heart... Love them as your own.

May all spiritual beings... aligned with a Loving God... with the capacity to help... provide assistance to _____. Guide them to respite... in heaven...if that is possible ...

Or... guide them to a place of refuge... in the clear light... with Jesus... and other spiritual beings intending to be aligned with a Loving God

Or...should their experience... beyond physical forms... require such help... I ask spiritual beings... to guide them back... to a rebirth among the living... within a community of spiritual beings...pursuing a connection... to a Loving God...from which _____ may continue their spiritual journey

Oh you spiritual being ...whom we knew as _____ in your human life... just recently ended ... hear my words

Reading for the Multiple Choice Afterlife

Recommended to be read twice daily from day 8 to day 21 of the 49 day reading cycle along with the short Christian Invocation of protection (above)

_____, another day begins / has passed in the human sector...

I do not know ... what you see... feel... experience... at this time

I do not know ... if your experience changes in an auditory, visual, vibrational, gravitational, electrical, chemical, spiritual manner...as the days pass by here

I do not know ... if you are ... at ease ... or full of fear, pain and confusion

It is important that you recognize... that anything you are experiencing... now... is ... a combination ...of the remnant factors ...of your human life...interacting ...with what is happening around you ... now ...in an environment without physical forms ...

The combination of your remnant thoughts, feelings, and imagined on-going physical sensations ... act as interference... or static...that interrupts the signal ... of the connection...between you and God

Like so many other natural processes, death too may have a beginning...a middle...and an end _____, you are out there now... you have experienced... or continue to experience... a process of dissolution... of the features and factors of your human life... just recently ended... that may be left behind... and still leave... some part of your existence.. intact... and able to receive this reading

The beginning may include some experience of “entering the light” – and for some Beings ...that too ...may be the middle ...and the end – they enter the light and remain there – at peace – in unity with God

Some Beings, may... remain in the light ... perhaps The Light is a passageway to Heaven _____, if Heaven is what you wish for yourself ... I wish that for you to be at peace ...be with God... you have the power ... to recognize ... that you are with God ... and to remain with God...now

For other beings... there may be a more cyclical process... one that is completed ... in the aftermath of a single lifetime ... when some part of that Being - returns to a life form among “the living” in the human sector

Still other Beings ... may start this cycle ... but later ... become aware ...through faith or blind luck ...or through receiving instructions ... that they can ... through the power of recognition... interrupt the cycle ...and remain with God

If the need is there for you _____ may this reading serve as a reminder ... and a signal booster...

_____, hear these words ... you have the power... to recognize ... that you are with God... and to remain with God... Now

For some Beings ... there will be on-going thoughts, memories and imagined body sensations, that act as interference in the connection between that being and God

These Beings ... are unable ... or unwilling ...to remain in the light ...these Beings may have additional and possibly unsettling experiences

At this time _____, you have completed just the beginning phase of experiences beyond the death of the body... if you are receiving this reading - some part of you has survived

You are ... now... experiencing the middle phase ... of what may be a cyclical process for you

Unless...you are fortunate enough ... to recognize... that you are with God... already... and you find a way to remain with God

Some Beings, may also ... go through ... a third phase of experiences ... beyond the death of your body ... as some part of your former self ... willingly or unwillingly... approaches a return to living forms

What will become of the part of your human existence that survived the death of the body?

If you are resting in heaven – my question has no merit – you don't need any further readings

I will continue the reading... just in case

The reading... shifts focus... at this point

_____ you may be ... in an intermediate state... between lives... that the Buddhists and some American writers (such as EJ Gold, in the American Book of the Dead) refer to as the Bardo State – a time of transition

I do not know what you see... feel... experience... at this time

I do not know if your experience changes in an auditory, visual, vibrational, gravitational, electrical, chemical, spiritual manner

It is important that you remember... that anything that is happening...now... is ... an illusion... that acts as interference... or static...that interrupts the signal ... of the connection ... between you and God

No matter what you see, feel, or experience ...You are with God...God is with you...

If you feel fear ... Don't panic...don't react to anything that you see... feel... hear... experience...
...let it go ... be at peace... and be with God... No further experiences or harm can happen to you
... if you remain with God

For some Beings... even with the opportunity ... to recognize ... the presence of God... and to remain in God's presence... the Bardo experiences continue

Some Beings... continue reacting to fear, confusion and panic... such beings may complete a cycle and return to a living form...randomly

_____ I pray that you remain free from ... accidental entry ... into the Bardo of Becoming

I ask all spiritual beings... with the capacity to help ... to assist you ... in staying free... from ... accidental entry into rebirth

Recognize... that you are with God ... If it is your wish ... remain with God

Many Beings, who lived lives ...worthy ... of better results ... may still be unable to remain with God ... at this point...

Such Beings... remain in a state of transition ...and the middle phase of experiences... beyond the death of the human body... continues...

Thus it may be for you _____ until the Bardo of Becoming is the only option that remains

_____, hear these words...you have the power to recognize ...that you are with God...and if it is your wish...and in your best interest ...you may remain with God in Heaven

Day ___ of a 49 Day Cycle Date: _____

Christian Invocation of Protection

Recommended to be read twice daily from day 21 to day 49 of the 49 day reading cycle along with the Multiple Choice Afterlife (below)

_____, I ask for help... on your behalf... if you are... unable to ask... due to your moving beyond physical forms... I ask for help... for you ... from spiritual beings ... if they are out there... to hear this request... for protection

Jesus, Son of God, Savior of the World, protect _____ take them to your heart... Love them as your own.

May all spiritual beings... aligned with a Loving God... with the capacity to help... provide assistance to _____. Guide them to respite... in heaven...if that is possible ...

Or... guide them to a place of refuge... in the clear light... with Jesus... and other spiritual beings intending to be aligned with a Loving God

Or...should their experience... beyond physical forms... require such help... I ask spiritual beings... to guide them back... to a rebirth among the living... within a community of spiritual beings...pursuing a connection... to a Loving God...from which _____may continue their spiritual journey

Oh you spiritual being ...whom we knew as _____ in your human life... just recently ended ... hear my words

Reading for the Third Stage

Recommended to be read twice daily from day 21 through day 49 of the 49 day reading cycle along with the short Christian Invocation of protection (above)

_____, another day begins / has passed in the human sector...

I do not know ... what you see... feel... experience at this time

I do not know ... if your experience changes in an auditory, visual, vibrational, gravitational, electrical, chemical, spiritual, karma based manner... as the days pass by here

You are ... now... experiencing... the third and final phase ... of what may be ... a cyclical process for you ...

Unless you receive this instruction... and remember ... to recognize...that you are with God... already... and to remain with God

Many Beings, who lived lives ...worthy ... of better results ... may still be unable to remain with God ... at this point...

Such Beings remain ... in a state of transition ...and the third and final phase ... of experiences beyond the death of the human body ... continues...

Thus it may be for you _____ until the Bardo of Becoming is the only option that remains ...

Unless you remember... to recognize ... that you are with God ... and if it is your wish ...and in your best interest ... you may remain with God in Heaven

It is important ... that you remember... that anything that is happening... now... no matter how attention grabbing... no matter how intensely authentic it feels... is ... an illusion... that acts as interference... or static ...that interrupts the signal ... of the connection ... between you and God

_____ At this time... it is most important ... that you recognize ... that your remnant ... thoughts... feelings... and on-going imagined sensations ... are illusions ... that may mislead you ... at this point

No matter what you see, feel, or experience ... You are with God... God is with you

If you feel fear ... Don't panic...don't react to anything that you see... feel... hear... experience... ..let it go ... be at peace... and be with God... No further Karma engendering experiences... harm... or suffering... can happen to you ... if you remain with God

_____, your time in the Bardo state between lives is nearing an end

There is increased pressure due to a combination of auditory, visual, vibrational, gravitational, electrical, chemical, spiritual, karmic factors ...

To shift...out of...the space...level of energy...the formless condition...of your Being

It is nearing time...when choices will narrow.

It is nearing the time... to recognize that you are with God... Now...and remain in the light... to remain in heaven

Or to be dispersed into nothingness...

Or to return randomly... to a life form... among the living ... in one of the lower dimension

Or to carefully choose a womb in which to be reborn in the human sector

You may feel drawn... pushed... compelled... by imagined sensations and imagery ... at this time ... to move toward ... the most convenient ...or seemingly welcoming... womb and rebirth situation

A hasty move at this time may have many lifetime's worth of negative consequences

_____, may your Karmic history... be cleared... and may the energy... of any negative Karma... be reduced... so that your Being... may move...with compassionate intention...

toward an impartially chosen rebirth... to continue on a spiritual path... or to... humbly...serve humanity

You may feel pressured ... to make a decision quickly ... based on ...a change in the environment around you...a change in energy...a change in the imagery and emotional tone...

_____, haste in this moment would not be in the best interest of your Being

_____, you may be driven by a specific combination of imagery and emotional tone... that reveals... what attracts you most... about human life...or... what most repulses you... about human life.

_____, you may feel compelled ... by fear ... attraction... repulsion... or a grasping urge... based on a sense of need... at this point To get the between lives state ... over with ... and to return to a lifeform

_____, if it is your wish... may all potential wombs be closed to your Being ... and ... may you recognize ... that you are with God ... and that you may remain with God... Now!

_____, you may remove your Being from the endless round of random rebirths ... recognize that you are with God and remain with God... Now!

_____, should your movement... through... the Bardo of Becoming... continue... remember... that what you see... feel... experience... may be misleading at this point

_____, do not be seduced by moving toward a rebirth based on a sense of entitlement or grasping pride

_____, should your move... through... the Bardo of Becoming... continue... and rebirth is imminent... may all spiritual beings ... with the capacity to help ... assist you... in recognizing wombs ... that are not in your best interest ... and may such wombs be closed to your Being

_____, may all spiritual beings...with the capacity to help ...assist you ... in choosing carefully ... and wisely... a rebirth in the human sector ... if you are ... moving toward a return to lifeforms

_____, may you enter a wombin the human sectorwith parents intending to be aligned with a Loving God... who will raise you ... with love ... and attention to your spiritual and physical needs

_____There are others ... who choose ... deliberately... but, impartially, without grasping... ego... pride... to allow the cycle to continue ... and choose... the Bardo of Becoming... with the intention... of returning to human life... to work for the benefit of all spiritual beings everywhere

Such Beings are held in high regard ... by Buddhists ... and others who imagine... that such

conscious return to human life might be possible and beneficial to all living beings

If you are such a Being ... may all other such beings hold you in high esteem ... and support your selfless efforts ...to return to human life ...to work for the benefit of all spiritual beings